

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag	zondag
09:00 Synrgy / circuit Fitness studio	09:30 Vitaal & Fun Groupfitness studio	09:00 Synrgy / circuit Fitness studio	09:30 Pilates Groupfitness studio	09:00 Synrgy / circuit Fitness studio	09:00 Synrgy / circuit Fitness studio	10:00 Boksen Groupfitness studio
09:30 Synrgy / fit Fitness studio	10:30 Zumba Groupfitness studio	09:30 Synrgy / fit Fitness studio	09:30 Spinning Cycling studio	09:30 Synrgy / fit Fitness studio	09:30 Yoga Groupfitness studio	10:00 RPM Cycling studio
09:30 Bodyshape Groupfitness studio	18:30 Kickfit Groupfitness studio	09:30 Power Yoga Groupfitness studio	10:30 Zumba Groupfitness studio	10:00 Synrgy Fitness studio	10:00 My Running Outdoor	11:00 Bodypump Groupfitness studio
10:00 Synrgy Fitness studio	19:30 Bodyshape Groupfitness studio	10:00 Synrgy Fitness studio	18:00 Bodyshape Groupfitness studio	10:00 Vitaal & Fun Groupfitness studio	10:30 Bodypump Groupfitness studio	11:00 Synrgy Fitness studio
10:30 Vitaal & Fun Groupfitness studio	19:30 RPM Cycling studio	10:30 Vitaal & Fun Groupfitness studio	19:00 Yoga Groupfitness studio	10:00 RPM Cycling studio	10:30 Sprint Cycling studio	11:30 Buikspierkwartier Fitness studio
17:00 Jeugdfitness Fitness studio	20:00 Synrgy Fitness studio	17:30 Spinning Cycling studio	20:00 Bodypump Groupfitness studio	10:30 Steps Groupfitness studio	11:00 Synrgy Fitness studio	
18:30 Spinning Cycling studio	20:30 Yoga Groupfitness studio	19:00 Bodypump Groupfitness studio	20:00 RPM Cycling studio	20:00 Synrgy Fitness studio	11:30 Buikspierkwartier Fitness studio	
19:00 Bodypump Groupfitness studio	20:30 Buikspierkwartier Fitness studio	19:30 Sprint Cycling studio	20:00 Synrgy Fitness studio	20:30 Buikspierkwartier Fitness studio		
19:30 Sprint Cycling studio		20:00 Boksen Groupfitness studio	20:30 Buikspierkwartier Fitness studio			
20:00 RPM Cycling studio		20:00 Synrgy Fitness studio				
20:00 Boksen Groupfitness studio		20:30 Buikspierkwartier Fitness studio				
20:00 Synrgy Fitness studio						
20:30 Buikspierkwartier Fitness studio						